MARYLAND SPORTS BLOG

WEEKLY MAGAZINE

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WEEK OF

OCT 25 - NOV 1, 2026



COVER STORY

The Week in Maryland Sports

By Brian Hradsky BALTIMORE The Baltimore Orioles began reshaping their roster Saturday evening, announcing five significant personnel.....

BALTIMORE ORIOLES

Orioles Begin 2027 Roster Shakeup: Zach Eflin Option...

BALTIMORE ORIOLES

Ryan Helsley Returning to Baltimore Orioles After...

BALTIMORE RAVENS

Preview: Ravens Look to Right the Ship Against Bills...

BALTIMORE RAVENS

Ravens Sign Veteran Guard Michael Jordan to Practice...

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FEATURED THIS WEEK



Orioles Decline Luis Robert Jr. s $20 Million Option, Make Major Roster Changes Ahead...

By Brian Hradsky BALTIMORE The Baltimore Orioles began reshaping their roster Saturday evening, announcing five significant personnel decisions...

BY THE NUMBERS

42 STORIES

6 SECTIONS

20 MSB TAKES

BRIAN’S NOTEBOOK

THE WEEK THAT WAS

Brian’s Take recaps 20 MSB opinion takes published during the week. These are the key conclusions from MSB’s reporting, analysis and game coverage....

1

Orioles Decline Luis Robert Jr. s $20 Million Option, Make Major Roster Changes Ahead of 2027 Season...

Orioles Are Creating Flexibility, but the Next Moves Matter More The Orioles made a sensible financial decision by declining Robert’s $20 million option after a season defined by injuries and limited production. Paying that amount for a player who appeared in only three games with Baltimore would have represented a substantial gamble. Robert remains talented...

2

Orioles Begin 2027 Roster Shakeup: Zach Eflin Option Declined, Four Pitchers Enter Free Agency, Reece Hinds Signed...

Orioles Must Prioritize Pitching Depth The Orioles’ first offseason moves make one thing clear: Baltimore cannot afford to enter 2027 without a dependable starting rotation and a deeper bullpen. With Eflin, Rogers and Bassitt reaching free agency, the organization faces the possibility of replacing multiple experienced starters. Losing that much potential...

3

Ryan Helsley Returning to Baltimore Orioles After Exercising $14 Million Player Option for 2027...

Helsley’s Return Gives Orioles a Second Chance From Maryland Sports Blog’s perspective, Helsley exercising his player option is a positive development, although it comes with legitimate concerns. Baltimore committed significant money to a proven closer and received only 17 appearances during the first season of that agreement. Losing him after that...

4

Ravens Sign Veteran Guard Michael Jordan to Practice Squad Following Vega Ioane Injury...

A Sensible Move That Addresses an Immediate Need The Ravens made a sensible decision by bringing in Michael Jordan rather than waiting for another offensive line injury to create an emergency. Baltimore has already experienced enough disruption across its offensive front, and adding a veteran with nearly 50 career starts gives the coaching staff another option....

BRIAN HRADSKY FOUNDER, MARYLAND SPORTS BLOG

AROUND THE STATE

THIS WEEK IN MARYLAND SPORTS

SATURDAY, OCTOBE	**Orioles Decline Luis Robert Jr. s $20 Million Option, Make Major Roster Changes Ahead of 2027 Season...**
FRIDAY, OCTOBER 3	**Orioles Begin 2027 Roster Shakeup: Zach Eflin Option Declined, Four Pitchers Enter Free Agency, Reece Hinds Signed...**
THURSDAY, OCTOBE	**Ryan Helsley Returning to Baltimore Orioles After Exercising $14 Million Player Option for 2027...**
TUESDAY, OCTOBER	**Ravens Sign Veteran Guard Michael Jordan to Practice Squad Following Vega Ioane Injury...**
MONDAY, OCTOBER	**Baltimore Ravens Sign Veteran Safety Rayshawn Jenkins Following Defensive Collapse Against Bengals...**
SUNDAY, NOVEMBEF	**South Carolina Stingrays Goaltender Ben Kraws Wins Four Straight Starts Through Roster Changes...**

QUOTE OF THE WEEK

UPCOMING WEEK

More Maryland sports coverage, schedules and breaking news are ahead.

BALTIMORE ORIOLES



FEATURE STORY

Orioles Decline Luis Robert Jr. s $20 Million Option, Make Major Roster Changes Ahead of 2027 Season

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BALTIMORE ORIOLES



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Orioles Begin 2027 Roster Shakeup: Zach Eflin Option Declined, Four Pitchers Enter Free Agency, Reece Hinds Signed...

By Brian Hradsky BALTIMORE October 30, 2026 The Baltimore Orioles have started making significant roster decisions...

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BALTIMORE ORIOLES



FEATURE STORY

Ryan Helsley Returning to Baltimore Orioles After Exercising $14 Million Player Option for 2027

By Brian Hradsky October 29, 2026 | Maryland Sports Blog
The Baltimore Orioles will have veteran closer Ryan Helsley back for...

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BALTIMORE RAVENS



FEATURE STORY

Preview: Ravens Look to Right the Ship Against Bills

The Baltimore Ravens will travel to Buffalo on Sunday as they get set to take on Josh Allen and the Buffalo Bills. The Ravens come into Sunday on a two game skid as they fell...

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BALTIMORE ORIOLES



SECTION LEAD

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Ravens Sign Veteran Guard Michael Jordan to Practice Squad Following Vega Ioane Injury...

By Brian Hradsky BALTIMORE October 27, 2026 The Baltimore Ravens have added veteran offensive guard Michael Jordan to their...



Baltimore Ravens Sign Veteran Safety Rayshawn Jenkins Following Defensive Collapse Against Benga...

By Brian Hradsky The Baltimore Ravens have added much-needed experience to their secondary, signing veteran safety Rayshawn Jenkins to their...

WASHINGTON CAPITALS AND HERSHEY BEARS



SECTION LEAD

South Carolina Stingrays Goaltender Ben Kraws Wins Four Straight Starts Through Rost...

South Carolina Stingrays goaltender Ben Kraws won four consecutive starts while the ECHL team managed relocated practices and goaltending...



BREAKING: Washington Capitals Acquire Goaltender RØmi Poirier From New Jersey Devils for 2027...

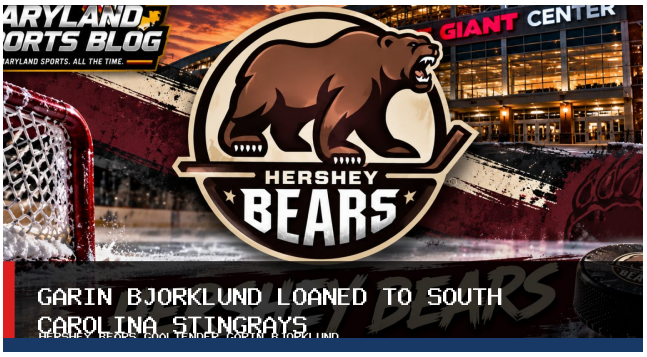
| November 1, 2026 The Washington Capitals have acquired goaltender RØmi Poirier from the New...



Hershey Bears at Toronto Marlies Preview: Derek King Faces Calder Cup Champions...

The Hershey Bears visit the defending Calder Cup champion Toronto Marlies on Oct. 30, 2026, at Coca-Cola Coliseum in the...

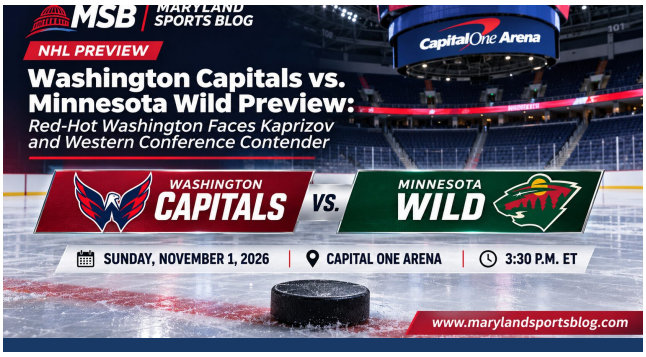
WASHINGTON CAPITALS AND HERSHEY BEARS



Hershey Bears Loan Goaltender Garin Bjorklund to South Carolina Stingrays...

The Hershey Bears loaned goaltender Garin Bjorklund to the South Carolina Stingrays after he recorded a win for both teams during the 2026-27 season.

READ THE FULL STORY



Capitals Look to Continue Winning Ways Against Dangerous Minnesota Wild...

By Brian Hradsky Washington Riding Momentum After Nashville Victory Washington enters Sunday s matchup playing some of its best hockey of the young season. The.....

READ THE FULL STORY



South Carolina Stingrays Return Goaltender Garin Bjorklund on Loan From Hershey Bears...

The South Carolina Stingrays have received goaltender Garin Bjorklund on loan from the Hershey Bears after his recent AHL recall.

READ THE FULL STORY



Hershey Bears Fall 5-3 to Toronto Marlies as Josh Dunne Reaches 100th AHL Point...

The Hershey Bears lost 5-3 to the Toronto Marlies in their first road defeat of the season as Josh Dunne recorded his 100th career...

READ THE FULL STORY

WASHINGTON CAPITALS AND HERSHEY BEARS



South Carolina Stingrays Open Season 5-0 After 7-3 Win Over Savannah Ghost Pirates...

The South Carolina Stingrays opened the season 5-0 with a 7-3 win over the Savannah Ghost Pirates at the North Charleston Coliseum, scoring a...

READ THE FULL STORY



South Carolina Stingrays Host Savannah Ghost Pirates With Historic Start in Reach...

The South Carolina Stingrays host the Savannah Ghost Pirates on October 30 at North Charleston Coliseum with their first 5-0-0-0 start in 24 years...

READ THE FULL STORY



South Carolina Stingrays Name Forward Cam Morrison Captain After Four Games...

The South Carolina Stingrays named forward Cam Morrison captain after he recorded three goals and one assist through four games.

READ THE FULL STORY



Cole Hutson Scores Twice as Washington Capitals Edge Nashville Predators 4-3 for Third Straigh...

By Brian Hradsky FINAL: Washington Capitals 4, Nashville Predators 3 NASHVILLE, Tenn. The Washington Capitals continued their impressive stretch.....

READ THE FULL STORY

WASHINGTON CAPITALS AND HERSHEY BEARS



Washington Capitals vs. Nashville Predators Preview: Washington Looks to Extend Winning Streak...

| October 29, 2026 The Washington Capitals travel to Bridgestone Arena on Thursday night...

READ THE FULL STORY

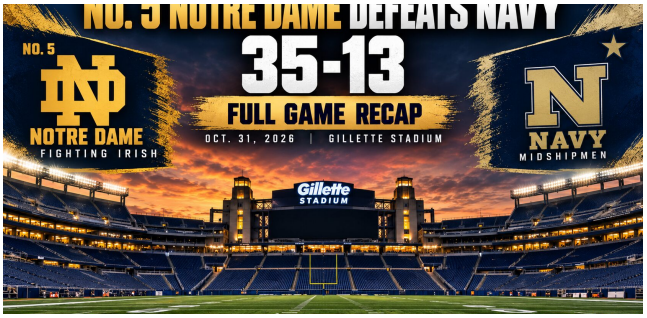
MARYLAND COLLEGE SPORTS



SECTION LEAD

Towson Crushes Hampton 44-13 on Homecoming as Tigers Earn First Victory of 2026...

By Brian Hradsky FINAL: Towson Tigers 44, Hampton Pirates 13 TOWSON, Md. The Towson University football team finally found the winning.....



No. 5 Notre Dame Defeats Navy 35-13 After Midshipmen Take First-Half Lead...

By Brian Hradsky FINAL: No. 5 Notre Dame 35, Navy 13 FOXBOROUGH, Mass. Navy gave fifth-ranked Notre Dame a...



Illinois 20, Maryland 17: Last-Second Field Goal Sinks Terrapins in Heartbreaking Big T...

By Brian Hradsky FINAL: Illinois 20, Maryland 17 October 31, 2026 | SECU Stadium, College Park, Maryland Maryland suffered...

MARYLAND COLLEGE SPORTS



Frostburg State University Athletics Men s Football Falls 22-21 to Delta State on Price...

Frostburg State University Athletics Men s Football led 21-6 but fell 22-21 to Delta State after Price Nixon s 23-yard field goal with 55 seconds remaining....

READ THE FULL STORY



Stevenson University Men s Soccer Defeats Albright College 3-1 Behind Blest Dumbuya s Two Goal...

Blest Dumbuya scored twice and Kameron Ross added the game-winning goal as Stevenson University men's soccer defeated Albright College 3-1 at Owings Mills East....

READ THE FULL STORY



Bowie State University Men s Football Falls 21-17 to Fayetteville State University...

Devonta Johnson scored on a blocked-punt return, but Bowie State University men s football fell 21-17 to Fayetteville State University in Fayetteville, North Carolina....

READ THE FULL STORY



Notre Dame of Maryland University Men s Soccer Ends 2026 Season in United East Quarterfinal...

Notre Dame of Maryland University men's soccer ended its 2026 season with a 3-1 United East Conference Tournament quarterfinal loss to Penn State Harrisburg.....

READ THE FULL STORY

MARYLAND COLLEGE SPORTS



Mount St. Mary s University Cross Country Places Nuria Escudero Jimenez and Chloe McCarthy in...

Nuria Escudero Jimenez and Chloe McCarthy placed in the women's 6K top 40 as Mount St. Mary's University finished 10th at the Metro Cross...

READ THE FULL STORY



Johns Hopkins University Athletics Men s Cross Country Team Wins Fifth Straight Centennial Title...

Caleb Tenney won the individual championship as the Johns Hopkins University Athletics men s cross country team captured its fifth consecutive Centennial Conference title with.....

READ THE FULL STORY



Salisbury University Men s and Women s Cross Country Earn Podium Finishes as Anna Bodmer Wins C2...

Anna Bodmer won the women s 6K in a school-record 20:41.9 as Salisbury University s men s and women s cross country programs earned second- and third-place team.....

READ THE FULL STORY

MARYLAND HIGH SCHOOL SPORTS



SECTION LEAD

Gilman Water Polo Defeats Loyola 25-8 for Second Straight Maryland Interscholas...

Treve Darby scored nine goals and won the Greg Hallisey Award as Gilman defeated Loyola, 25-8, for its second consecutive Maryland Interscholastic...



Surrattsville Hornets Girls Varsity Cross Country to Compete in Regional Meet at Oak Ridge Park...

Surrattsville Hornets Girls Varsity Cross Country will compete at the regional meet on November 5, 2026, at Oak Ridge Park...



Rockville Rams Boys Varsity Swimming and Diving Announce 2026-2027 Meet Schedule Across...

The Rockville Rams boys varsity swimming and diving team released their 2026-2027 meet schedule featuring competitions at prominent aquatic centers...

MARYLAND HIGH SCHOOL SPORTS



Rockville Rams Girls Varsity Swimming Announce 2026-2027 Multi-Venue Schedule...

The Rockville Rams girls varsity swimming and diving team announced their 2026-2027 season schedule featuring meets at Silver Spring, Colesville, Olney, Gaithersburg, and Boyds.....

READ THE FULL STORY



James Hubert Blake High School Releases 2026-2027 Blake Bengals Girls Swimming and Diving Sched...

James Hubert Blake High School announces the Blake Bengals girls swimming and diving 2026-2027 schedule featuring multiple meets at Martin Luther King Swim Center.....

READ THE FULL STORY

WASHINGTON WIZARDS



SECTION LEAD

Washington Wizards Crush Charlotte Hornets 95-79 Behind Dominant Defense,...

By Brian Hradsky Final Score: Washington Wizards 95, Charlotte Hornets 79 WASHINGTON The Washington Wizards delivered their most impressive...



Washington Wizards Look for Revenge Against Charlotte Hornets in NBA Cup Opener...

By Brian Hradsky WASHINGTON, D.C. October 30, 2026 The Washington Wizards return home Friday night looking to snap a...

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