

MARYLAND SPORTS BLOG

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WEEK OF

JUL 28 - AUG 4, 2026

MSB MARYLAND
SPORTS BLOG

CHADWICK TROMP SELECTS FREE AGENCY

AS ORIOLES CONTINUE

COVER STORY

The Week in Maryland Sports

The Baltimore Orioles continue to reshape their catching depth following the trade deadline, as veteran catcher Chadwick Tromp.....

BALTIMORE ORIOLES

Orioles Shuffle Active Roster Ahead of Angels Series: Cade...

BALTIMORE ORIOLES

Former Oriole Grayson Rodriguez Returns to Camden Yards as...

BALTIMORE ORIOLES

Orioles Reacquire Pitching Prospect Michael Forret in...

BALTIMORE ORIOLES

Orioles Continue Busy Deadline, Add Franklin, Hinds and Heue...

INSIDE THIS ISSUE

37 STORIES

6 SECTIONS

28 MSB TAKES

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CONTENTS

01		BALTIMORE ORIOLES	5
02		BALTIMORE RAVENS	9
03		MARYLAND COLLEGE SPORTS	11
04		WASHINGTON WIZARDS	14
05		WASHINGTON MYSTICS	15
06		WASHINGTON NATIONALS	16

FEATURED THIS WEEK



Chadwick Tromp Elects Free Agency as Orioles Continue Reshaping Catching Depth...

The Baltimore Orioles continue to reshape their catching depth following the trade deadline, as veteran catcher Chadwick Tromp elected free agency Tuesday after clearing.....

BY THE NUMBERS

37 STORIES

6 SECTIONS

28 MSB TAKES

BRIAN'S NOTEBOOK

THE WEEK THAT WAS

Brian's Take recaps 28 MSB opinion takes published during the week. These are the key conclusions from MSB's reporting, analysis and game coverage....

1

Chadwick Tromp Elects Free Agency as Orioles Continue Reshaping Catching Depth...

The Orioles' catching depth chart has undergone one of the most dramatic overhauls in baseball over the past week. Chadwick Tromp served an important purpose by providing reliable veteran depth, but the front office is now focused on roster flexibility and building around Carlos Narváez and Samuel Basallo. Narváez has an opportunity to establish himself as a...

2

Orioles Shuffle Active Roster Ahead of Angels Series: Cade Povich Returns, Christian Franklin Set for MLB Debut, Carlos Narváez...

These moves continue to show exactly where the Orioles are headed following a dramatic trade deadline. Rather than chasing a postseason spot with veterans, Baltimore is using the remainder of 2026 to evaluate players who could contribute in 2027 and beyond. Povich receives another chance to establish himself in the rotation, Franklin gets the opportunit...

3

Former Oriole Grayson Rodriguez Returns to Camden Yards as Orioles Open Three-Game Series Against Angels...

This series is less about the standings than it is about the future of both organizations. For Baltimore, Grayson Rodriguez's return serves as a reminder of one of the organization's most difficult personnel decisions in recent years. At the same time, the Orioles are evaluating a new-look roster that still features one of baseball's most talented young...

4

Orioles Reacquire Pitching Prospect Michael Forret in Trade That Sends Tyler Wells to Rays...

This is a classic upside play by Mike Elias and the Orioles' front office. Losing Tyler Wells hurts. He was arguably Baltimore's most dependable reliever this season and had become a valuable late-inning weapon. However, reacquiring Michael Forret gives the Orioles a pitcher they already believed in enough to draft and develop. His strikeout ability and success as...

AROUND THE STATE

THIS WEEK IN MARYLAND SPORTS

TUESDAY, AUGUST 4

Chadwick Tromp Elects Free Agency as Orioles Continue Reshaping Catching Depth...

MONDAY, AUGUST 3

Orioles Reacquire Pitching Prospect Michael Forret in Trade That Sends Tyler Wells to Rays...

SUNDAY, AUGUST 2

Phillies Blank Orioles 5-0 Behind Cristopher SÆnchez s Dominant Outing

SATURDAY, AUGUST 1

Orioles Shake Up Lineup, Recall Yaramil Hiraldo; Coby Mayo Gets First Career Leadoff Start...

FRIDAY, JULY 31

Orioles Trade Dean Kremer to Twins: End of an Era as Baltimore Adds Young Outfield Prospect...

THURSDAY, JULY 30

Orioles Add Veteran Catcher Jake Rogers in Trade With Tigers, Bolster Injury-Thinned Position...

QUOTE OF THE WEEK



ORIOLES ACQUIRE FOUR PLAYERS AND A PLAYER TO BE NAMED LATER FROM THE BOSTON RED SOX The Orioles today announced they have acquired catcher Carlos NarvÆez, minor league right-handed...

UPCOMING WEEK

More Maryland sports coverage, schedules and breaking news are ahead.

BALTIMORE ORIOLES

MSB MARYLAND
SPORTS BLOG

CHADWICK TROMP ELECTS FREE AGENCY

AS ORIOLES CONTINUE
RESHAPING CATCHING
DEPTH

FEATURE STORY

Chadwick Tromp Elects Free Agency as Orioles Continue Reshaping Catching Depth

The Baltimore Orioles continue to reshape their catching depth following the trade deadline, as veteran catcher Chadwick Tromp elected free agency Tuesday after clearing outright waivers instead of accepting an assignment to Triple-A Norfolk. The move officially ends Tromp's latest stint with the organization after he was designated for assignment following Baltimore's acquisition of vetera...

[READ MORE ONLINE](#)

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BALTIMORE ORIOLES

A graphic for the Baltimore Orioles' roster moves. The background is a night view of Oriole Park at Camden Yards with stadium lights. The text "BALTIMORE ORIOLES" is in the top left. The main title "ORIOLES ROSTER MOVES" is in large, bold letters. Below it, three icons represent roster moves: a clipboard with a checkmark for "POVICH RETURNS", an upward arrow for "FRANKLIN CALLED UP", and a "C" in a shield for "NARVÁEZ ACTIVATED". To the right, a "Roster Moves" graphic shows a clipboard with a checkmark, a double-headed arrow, and a roster list with numbers 1-9. The bottom of the graphic has a navigation bar with "NEW ADDITIONS", "NEW OPPORTUNITIES", and "BUILDING FOR BALTIMORE". The "MSB" logo is in the bottom right corner.

BALTIMORE ORIOLES

ORIOLES
ROSTER MOVES

POVICH RETURNS | FRANKLIN CALLED UP | NARVÁEZ ACTIVATED

NEW ADDITIONS | NEW OPPORTUNITIES | BUILDING FOR BALTIMORE

MSB

FEATURE STORY

Orioles Shuffle Active Roster Ahead of Angels Series: Cade Povich Returns, Christian Franklin Set for MLB Debut, Carlos Narváez Activate...

The Baltimore Orioles made a flurry of roster moves Tuesday as they continue reshaping their club following last week's trade deadline. The transactions bring three new faces to the active roster while sending two recent acquisitions back to Triple-A Norfolk. Orioles Roster Moves Recalled Activated Optioned Cade Povich Gets Another Opportunity The Orioles are once again.....

[READ MORE ONLINE](#)

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BALTIMORE ORIOLES

BALTIMORE ORIOLES

ORIOLES vs. ANGELS
SERIES PREVIEW



TUE, AUG 4
6:35 PM

WED, AUG 5
6:35 PM

THU, AUG 6
12:35 PM

FEATURE STORY

Former Oriole Grayson Rodriguez Returns to Camden Yards as Orioles Open Three-Game Series Against Angels

The Baltimore Orioles begin a three-game homestand Tuesday night against the Los Angeles Angels, but the focus of the opener extends far beyond the standings. For the first time since being traded last November, Grayson Rodriguez returns to Camden Yards to face the organization that drafted him 11th overall in the 2018 MLB Draft. Once considered.....

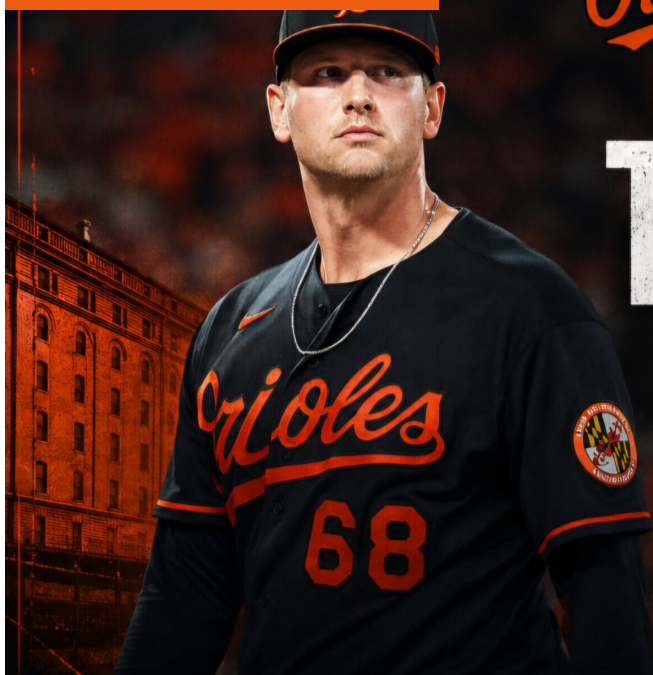
[READ MORE ONLINE](#)

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BALTIMORE ORIOLES

BALTIMORE ORIOLES

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THANK YOU, TYLER

TYLER WELLS TRADED TO RAYS
AS ORIOLES REACQUIRE PROSPECT
MICHAEL FORRET

FEATURE STORY

Orioles Reacquire Pitching Prospect Michael Forret in Trade That Sends Tyler Wells to Rays

The Baltimore Orioles continued reshaping their roster on Monday, acquiring right-handed pitching prospect Michael Forret from the Tampa Bay Rays in exchange for veteran reliever Tyler Wells. The move reunites the Orioles with a pitcher they originally drafted before including him in last winter's blockbuster trade for Shane Baz. For Baltimore, the deal is another example.....

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BALTIMORE ORIOLES



SECTION LEAD

Chadwick Tromp Elects Free Agency as Orioles Continue Reshaping...

The Baltimore Orioles continue to reshape their catching depth following the trade deadline, as veteran catcher Chadwick Tromp elected free agency Tuesday...



Orioles Shuffle Active Roster Ahead of Angels Series: Cade Povich Returns, Christian Franklin Set...

The Baltimore Orioles made a flurry of roster moves Tuesday as they continue reshaping their club following last week's trade...



Former Oriole Grayson Rodriguez Returns to Camden Yards as Orioles Open Three-Game Series Against...

The Baltimore Orioles begin a three-game homestand Tuesday night against the Los Angeles Angels, but the focus of the opener...

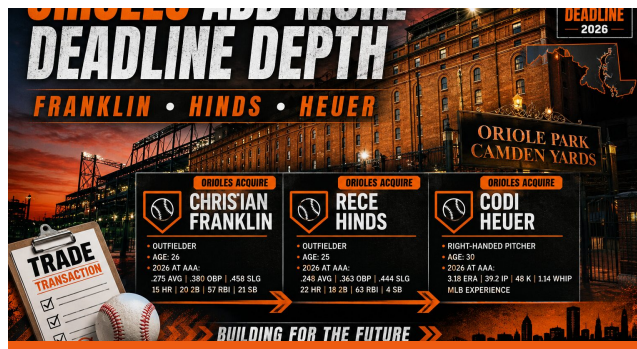
BALTIMORE ORIOLES



Orioles Reacquire Pitching Prospect Michael Forret in Trade That Sends Tyler Wells to Rays...

The Baltimore Orioles continued reshaping their roster on Monday, acquiring right-handed pitching prospect Michael Forret from the Tampa Bay Rays in exchange for veteran.....

[READ THE FULL STORY](#)



Orioles Continue Busy Deadline, Add Franklin, Hinds and Heuer in Three More Deals...

The Baltimore Orioles were not finished making moves before the 2026 MLB Trade Deadline expired. After reshaping the organization with several blockbuster trades earlier.....

[READ THE FULL STORY](#)



Orioles Trade Franchise Cornerstone Adley Rutschman to Red Sox in Blockbuster That Marks t...

BALTIMORE The Baltimore Orioles made the most shocking move of the Mike Elias era on Monday, trading franchise catcher Adley Rutschman to the...

[READ THE FULL STORY](#)



Orioles Bolster Pitching Depth, Trade Taylor Ward to Mariners for Three Arms...

The Baltimore Orioles continued reshaping their roster ahead of the stretch run on Monday, acquiring three right-handed pitchers from the Seattle Mariners in exchange.....

[READ THE FULL STORY](#)

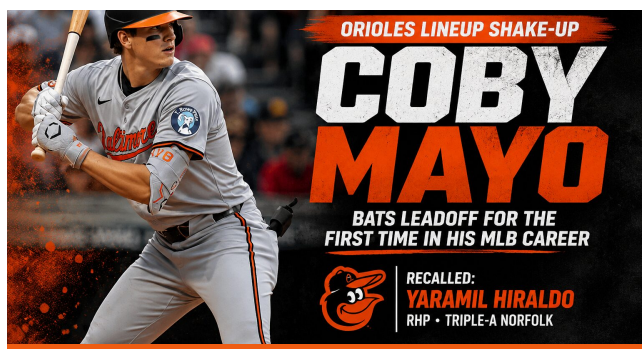
BALTIMORE ORIOLES



Phillies Blank Orioles 8-0 in Rain-Shortened Series Finale

The Baltimore Orioles closed their weekend series against the Philadelphia Phillies with a frustrating 8-0 loss Sunday afternoon at Oriole Park at Camden Yards.....

[READ THE FULL STORY](#)



Orioles Shake Up Lineup, Recall Yamil Hiraldo; Coby Mayo Gets First Career Leadoff Start...

The Baltimore Orioles made a pair of notable moves before Saturday night's game against the Philadelphia Phillies at Camden Yards, recalling right-handed pitcher Yamil.....

[READ THE FULL STORY](#)



Phillies Blank Orioles 5-0 Behind Cristopher SÆnchez s Dominant Outing...

BALTIMORE The Baltimore Orioles could not solve Philadelphia Phillies left-hander Cristopher SÆnchez on Saturday night, falling 5-0 at Oriole Park at Camden Yards.....

[READ THE FULL STORY](#)



Orioles Rally Past Phillies 6-4 Behind Explosive Seventh Inning

The Baltimore Orioles erased a late two-run deficit with a four-run seventh inning to defeat the Philadelphia Phillies 6-4 Friday night at Oriole Park.....

[READ THE FULL STORY](#)

BALTIMORE ORIOLES



Orioles Trade Dean Kremer to Twins: End of an Era as Baltimore Adds Young Outfield Prospect...

The Baltimore Orioles made another significant move ahead of the MLB trade deadline Friday night, sending veteran right-handed starter Dean Kremer to the Minnesota.....

[READ THE FULL STORY](#)

BALTIMORE RAVENS



SECTION LEAD

Ravens Lock Up Zay Flowers With Massive Four-Year, \$140 Million Extension...

The Baltimore Ravens have secured one of the NFL's premier young wide receivers for the long term, agreeing to a four-year, \$140 million contract...



Ravens Sign Veteran Tackle Kendall Lamm After Monday Tryout

The Baltimore Ravens moved quickly to address their offensive line depth Monday, signing veteran offensive tackle Kendall Lamm after hosting...



Ravens Place Veteran OL Hakeem Adeniji on Reserve/Retired List

The Baltimore Ravens have made another roster move as training camp continues, placing veteran offensive lineman Hakeem Adeniji on the...

BALTIMORE RAVENS



Baltimore Ravens 2025 Community Impact Recap Highlights Ongoing Local Support...

The Baltimore Ravens' 2025 Community Impact Recap highlights the organization's commitment to supporting local programs and uplifting Baltimore communities....

[READ THE FULL STORY](#)



Nnamdi Madubuike Activated Off PUP List, Giving Baltimore Ravens Defensive Front a Major Boost...

The Baltimore Ravens received one of the biggest pieces of positive news of training camp Wednesday as star defensive tackle Nnamdi Madubuike passed his.....

[READ THE FULL STORY](#)

MARYLAND COLLEGE SPORTS



SECTION LEAD

Navy Gymnastics Names Daniel Gurevich Team Captain for 2027 Season

The Navy men's gymnastics program has selected one of its most accomplished returning athletes to lead the Midshipmen into the 2027 season, naming...



Bowie State University Selects Dr. Jolisa Williams for 2026 Women Leaders in Sports Resilience Awa...

Bowie State University interim vice president Dr. Jolisa Williams was selected as the recipient of the 2026 Women Leaders in...



Former Maryland Stars Help Team USA Capture World Lacrosse Gold

COLLEGE PARK, Md. Maryland women's lacrosse once again had a major impact on the international stage as former Terrapin...

MARYLAND COLLEGE SPORTS



Coppin State Lands International Standout Armando Sigauque to Bolster Men's Tennis Roster...

BALTIMORE, Md. Coppin State University continued to strengthen its men's tennis program by announcing the signing of Armando Sigauque, a transfer from Barton.....

[READ THE FULL STORY](#)



Loyola Maryland Cross Country Unveils 2026 Schedule with Challenging Fall Slate...

BALTIMORE, Md. Loyola University Maryland has announced its 2026 cross country schedule, giving the Greyhounds another opportunity to compete against strong regional and.....

[READ THE FULL STORY](#)



UMBC Adds Veteran Coach Sean Neal to Men's Basketball Staff

The UMBC men's basketball program has added another experienced voice to its coaching staff as head coach Jim Ferry announced Thursday that Sean Neal...

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Towson Tigers Cross Country Announces Challenging 2026 Schedule...

The Towson University women's cross country team now knows the road ahead for the 2026 season, as the Tigers unveiled a four-meet regular season...

[READ THE FULL STORY](#)



Salisbury University Women's Soccer Reveals 2026 Schedule Featuring 18 Matches and Key...

Salisbury University women's soccer team revealed its 2026 schedule featuring 18 matches, key returning players, and the path to the Coast-to-Coast Athletic Conference tournament...

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WASHINGTON WIZARDS

PRESS RELEASE



JAMIR WATKINS INJURY UPDATE



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SECTION LEAD

Jamir Watkins Undergoes Successful ACL Surgery, Wizards Lose Key Young...

The Washington Wizards received difficult news Thursday as forward Jamir Watkins underwent successful reconstructive surgery to repair a torn ACL...

WASHINGTON MYSTICS

WASHINGTON MYSTICS

WASHINGTON MYSTICS

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SECTION LEAD

Shakira Austin Leads Washington Mystics to 84-79 Win Over Seattle Storm...

Shakira Austin scored a season-high 27 points as the Washington Mystics defeated the Seattle Storm 84-79 on Sunday.

WASHINGTON NATIONALS



SECTION LEAD

Braves Complete Four-Game Sweep, Defeat Nationals 4-2

The Atlanta Braves finished off a dominant four-game series against the Washington Nationals with a 4-2 victory on Sunday afternoon at Truist Park....



Braves 8, Nationals 3: Atlanta Cruises Past Washington Behind Dominant Pitching...

The Washington Nationals dropped their third straight game to the Atlanta Braves on Saturday night, falling 8-3 at Truist Park....

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