

MARYLAND SPORTS BLOG

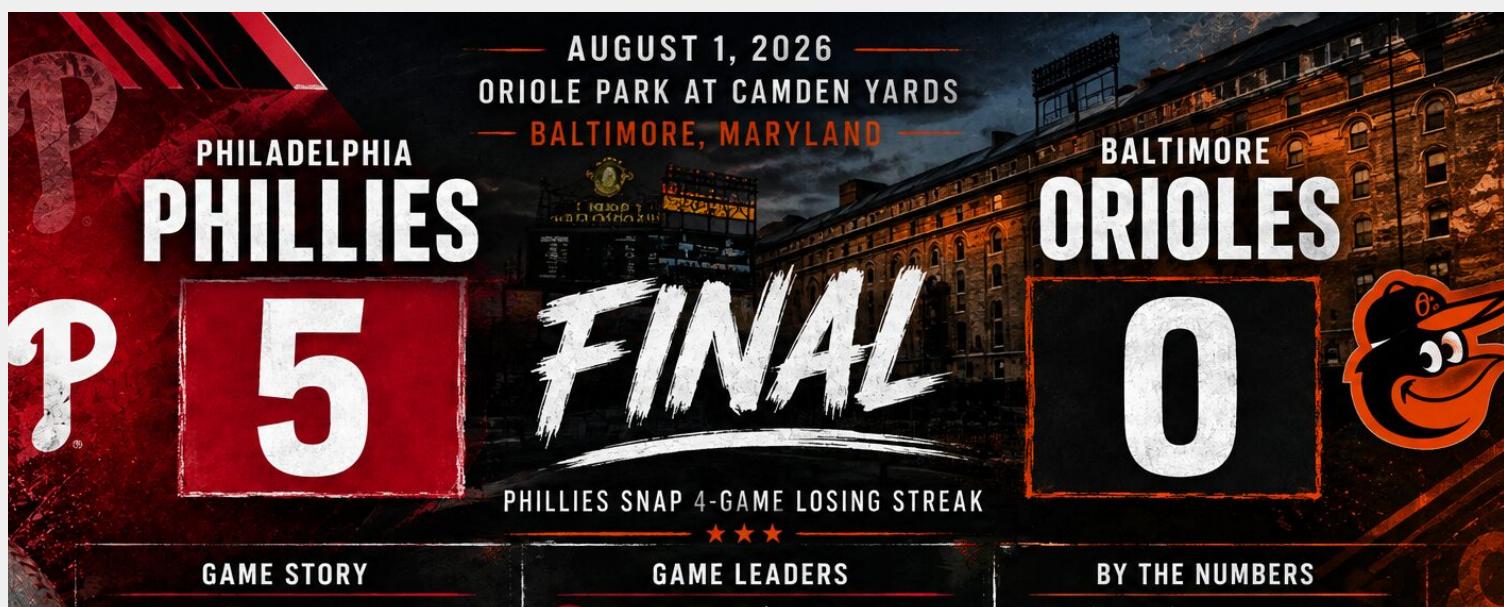
WEEKLY MAGAZINE

VOLUME 2026

ISSUE 31

WEEK OF

JUL 26 - AUG 2, 2026



COVER STORY

The Week in Maryland Sports

BALTIMORE The Baltimore Orioles could not solve Philadelphia Phillies left-hander Cristopher S/Enchez on Saturday night, falling 5-0.....

BALTIMORE ORIOLES

Orioles Shake Up Lineup, Recall Yaramil Hiraldo; Coby Mayo G...

BALTIMORE ORIOLES

Orioles Rally Past Phillies 6-4 Behind Explosive Seventh Inn...

BALTIMORE ORIOLES

Orioles Trade Dean Kremer to Twins: End of an Era as...

BALTIMORE ORIOLES

MSB: Ryan Mountcastle Suffers Major Setback, Likely Out fo...

26

LO

INSIDE THIS ISSUE

38 STORIES

7 SECTIONS

23 MSB TAKES

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FEATURED THIS WEEK



Phillies Blank Orioles 5-0 Behind Cristopher SÆnchez s Dominant Outing...

BALTIMORE The Baltimore Orioles could not solve Philadelphia Phillies left-hander Cristopher SÆnchez on Saturday night, falling 5-0 at Oriole Park at Camden Yards.....

BY THE NUMBERS

38 STORIES

7 SECTIONS

23 MSB TAKES

BRIAN'S NOTEBOOK

THE WEEK THAT WAS

Brian's Take recaps 23 MSB opinion takes published during the week. These are the key conclusions from MSB's reporting, analysis and game coverage....

1

Phillies Blank Orioles 5-0 Behind Cristopher SÆnchez s Dominant Outing

This was one of those games where the Orioles simply ran into an elite pitching performance. Shane Baz pitched well enough to win, but Baltimore's inability to cash in with runners in scoring position made the difference. The Orioles cannot afford to waste opportunities against quality opponents, especially as every game becomes more important in the playoff...

2

Orioles Shake Up Lineup, Recall Yaramil Hiraldo; Coby Mayo Gets First Career Leadoff Start...

This is one of Craig Albernaz's more interesting lineup decisions of the season. Instead of simply batting a fast player first, the Orioles are putting one of their most dangerous hitters against left-handed pitching in position to receive an extra at-bat. Mayo has earned that opportunity with his production, and Saturday's matchup against Cristopher SÆnchez is...

3

Orioles Rally Past Phillies 6-4 Behind Explosive Seventh Inning

The Orioles continue to show resilience that has been missing at times this season. Rather than folding after Philadelphia's home runs, Baltimore remained patient, received another quality effort from Brandon Young despite the final line, and trusted its bullpen to keep the game close. The biggest positive may have been the offense's ability to capitalize once th...

4

Orioles Trade Dean Kremer to Twins: End of an Era as Baltimore Adds Young Outfield Prospect...

This deal looks like a classic buy-low on upside move for Baltimore. Dean Kremer still has enough experience that Minnesota could benefit if he returns to his pre-injury form. However, the Orioles continue to prioritize long-term talent accumulation, and adding an 18-year-old power-hitting outfielder with significant upside fits Mike Elias' development model. Wheth...

AROUND THE STATE

THIS WEEK IN MARYLAND SPORTS

SUNDAY, AUGUST 2

Phillies Blank Orioles 5-0 Behind Cristopher SÆnchez s Dominant Outing

SATURDAY, AUGUST 1

Orioles Shake Up Lineup, Recall Yaramil Hiraldo; Coby Mayo Gets First Career Leadoff Start...

FRIDAY, JULY 31

Orioles Trade Dean Kremer to Twins: End of an Era as Baltimore Adds Young Outfield Prospect...

THURSDAY, JULY 30

Orioles Add Veteran Catcher Jake Rogers in Trade With Tigers, Bolster Injury-Thinned Position...

WEDNESDAY, JULY 29

Baltimore Orioles 10, Detroit Tigers 9 (12 Innings): Orioles Rally From 7-0 Deficit to Capture Series in Instant Classic...

TUESDAY, JULY 28

Baltimore Orioles Ryan Mountcastle and Chris Bassitt Begin MLB Rehab Assignments with Norfolk Tides...

QUOTE OF THE WEEK

"The Naval Academy Lightweights are known for being absolutely cutthroat in all that they do. Whether in the classroom, at the boathouse, or in the hall, the N150s strive to excel in every...

UPCOMING WEEK

More Maryland sports coverage, schedules and breaking news are ahead.

BALTIMORE ORIOLES

PHILADELPHIA
PHILLIES

5

ORIOLE PARK AT CAMDEN YARDS
— BALTIMORE, MARYLAND —

FINAL

PHILLIES SNAP 4-GAME LOSING STREAK

BALTIMORE
ORIOLES

0

GAME STORY

Cristopher Sánchez was dominant for Philadelphia, tossing 6.0 scoreless innings with 11 strikeouts. The Phillies broke a scoreless tie with a run in the 5th inning and pulled away with four runs in the 8th. Baltimore could not capitalize with runners in scoring position, stranding the bases loaded twice.

GAME LEADERS

PHILLIES

- CRISTOPHER SÁNCHEZ (PHI)**
6.0 IP, 2 H, 0 R, 5 BB, 11 K
- BRYAN DE LA CRUZ (PHI)**
1-3, RBI, R
- ALEC BOHM (PHI)**
1-4, 2 RBI

ORIOLES

- SHANE BAZ (BAL)**
6.1 IP, 4 H, 1 R, 2 BB, 6 K

BY THE NUMBERS

K	11	Strikeouts for Christopher Sánchez
BS	2	Base-loaded opportunities left stranded by BAL
5	5	Runs scored by PHI in the 8th inning
0	0	Shutout for the Orioles offense

2131 NEXT GAME: SUNDAY, AUGUST 2, 2026 BALTIMORE

FEATURE STORY

Phillies Blank Orioles 5-0 Behind Cristopher Sánchez's Dominant Outing

BALTIMORE The Baltimore Orioles could not solve Philadelphia Phillies left-hander Cristopher Sánchez on Saturday night, falling 5-0 at Oriole Park at Camden Yards. Sánchez struck...

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BALTIMORE ORIOLES

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MSB

ORIOLES LINEUP SHAKE-UP

COBY MAYO

BATS LEADOFF FOR THE FIRST TIME IN HIS MLB CAREER

RECALLED:
YARAMIL HIRALDO
RHP • TRIPLE-A NORFOLK

FEATURE STORY

Orioles Shake Up Lineup, Recall Yaramil Hiraldo; Coby Mayo Gets First Career Leadoff Start

The Baltimore Orioles made a pair of notable moves before Saturday night's game against...

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BALTIMORE ORIOLES



FEATURE STORY

Orioles Rally Past Phillies 6-4 Behind Explosive Seventh Inning

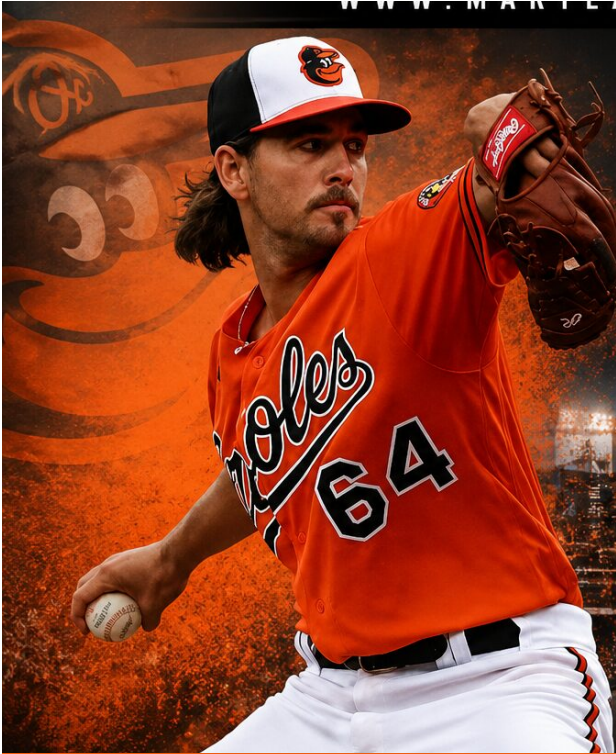
The Baltimore Orioles erased a late two-run deficit with a four-run seventh inning to defeat the Philadelphia Phillies 6-4 Friday night at Oriole Park at Camden...

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BALTIMORE ORIOLES

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DEAN KREMER
TRADED
TO MINNESOTA TWINS



BALTIMORE ORIOLES
TRADE AWAY
RHP DEAN KREMER

RECEIVE
JHONNARDO REYES
18-YEAR-OLD OF PROSPECT

FEATURE STORY

Orioles Trade Dean Kremer to Twins: End of an Era as Baltimore Adds Young Outfield Prospect

The Baltimore Orioles made another significant move ahead of the MLB trade deadline Friday night, sending veteran right-handed starter...

[READ MORE ONLINE](#)

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BALTIMORE ORIOLES

AUGUST 1, 2026
ORIOLE PARK AT CAMDEN YARDS
BALTIMORE, MARYLAND

PHILADELPHIA PHILLIES **5** **FINAL** **0** BALTIMORE ORIOLES

PHILLIES SNAP 4-GAME LOSING STREAK

GAME STORY	GAME LEADERS	BY THE NUMBERS
Christopher Sánchez was dominant for Philadelphia, tossing 6.0 scoreless innings with 11 strikeouts. The Phillies broke a 1-0 tie with a run in the 5th inning, pulled away with four runs in the 8th. The Orioles could not capitalize with runners in scoring position, stranding bases loaded twice.	P CRISTOPHER SÁNCHEZ (PHI) 6.0 IP, 2 H, 0 R, 5 BB, 11 K P BRYAN DE LA CRUZ (PHI) 1-3, RBI, R P ALEC BOHM (PHI) 1-4, 2 RBI P SHANE BAZ (BAL) 6.1 IP, 4 H, 1 R, 2 BB, 6 K	K 11 Strikeouts for Christopher Sánchez BS 2 Base-loaded opportunity left stranded by BAL R 5 Runs scored by PHI in the 8th inning S 0 Shutout for the Orioles offense

2131
★ ★ ★

NEXT GAME: SUNDAY, AUGUST 2, 2026
PHILLIES vs ORIOLES • 1:35 PM
ORIOLE PARK AT CAMDEN YARDS

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SECTION LEAD

Phillies Blank Orioles 5-0 Behind Cristopher SÁnchez's Dominant Out...

BALTIMORE The Baltimore Orioles could not solve Philadelphia Phillies left-hander Cristopher SÁnchez on Saturday night, falling 5-...

ORIOLES LINEUP SHAKE-UP

COBY MAYO

BATS LEADOFF FOR THE FIRST TIME IN HIS MLB CAREER

RECALLED: YARAMIL HIRALDO
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Orioles Shake Up Lineup, Recall Yaramil Hiraldo; Coby Mayo Gets First Career Leadoff Start...

The Baltimore Orioles made a pair of notable moves before Saturday night's game against...

ORIOLE PARK AT CAMDEN YARDS

Baltimore ORIOLES **6** VS **4** Philadelphia PHILLIES

FINAL

ORIOLES RALLY FOR 4 RUNS IN THE 7TH!

WELCOME TO BIRDLAND

Orioles Rally Past Phillies 6-4 Behind Explosive Seventh Inning

The Baltimore Orioles erased a late two-run deficit with a four-run seventh inning to defeat the Philadelphia Phillies 6-4 Friday...

BALTIMORE ORIOLES



Orioles Trade Dean Kremer to Twins: End of an Era as Baltimore Adds Young Outfield Prospect...

The Baltimore Orioles made another significant move ahead of the MLB trade deadline Friday night, sending veteran right-handed starter...

[READ THE FULL STORY](#)



MSB: Ryan Mountcastle Suffers Major Setback, Likely Out for Remainder of 2026 Season...

The Baltimore Orioles received devastating injury news Friday as first baseman Ryan Mountcastle suffered a significant oblique strain while preparing for what.....

[READ THE FULL STORY](#)



Orioles Activate Jake Rogers, Designate Chadwick Tromp for Assignment...

The Baltimore Orioles continued reshaping their roster ahead of the stretch run on Friday by officially activating catcher Jake Rogers and designating veteran catcher.....

[READ THE FULL STORY](#)



Series Preview: Baltimore Orioles vs. Philadelphia Phillies

August 1-3, 2026 | Oriole Park at Camden Yards The Baltimore Orioles return home for what could be the biggest series of their season...

[READ THE FULL STORY](#)

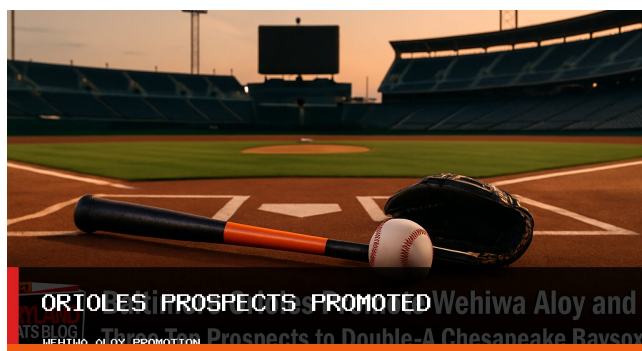
BALTIMORE ORIOLES



Orioles Add Veteran Catcher Jake Rogers in Trade With Tigers, Bolster Injury-Thinned Position...

The Baltimore Orioles have made their first move ahead of the 2026 MLB trade deadline,...

[READ THE FULL STORY](#)



Baltimore Orioles Promote Wehiwa Aloy and Three Top Prospects to Double-A Chesapeake Baysox...

The Baltimore Orioles promoted top prospects including Wehiwa Aloy to the Double-A Chesapeake Baysox on July 28, 2026, reflecting a strong minor league pipeline....

[READ THE FULL STORY](#)



Baltimore Orioles 10, Detroit Tigers 9 (12 Innings): Orioles Rally From 7-0 Deficit to Captu...

The Baltimore Orioles erased a seven-run deficit and completed one of the most dramatic comebacks in...

[READ THE FULL STORY](#)

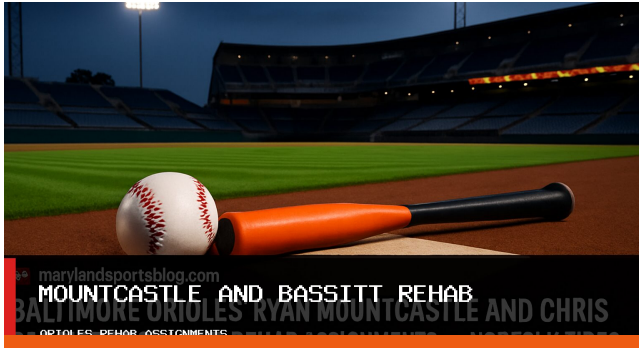


Detroit Tigers Crush Baltimore Orioles 14-0 as Everything Goes Wrong in Detroit...

The Detroit Tigers defeated the Baltimore Orioles 14-0 on Tuesday night at Comerica Park, handing Baltimore one of its most lopsided losses of...

[READ THE FULL STORY](#)

BALTIMORE ORIOLES



Baltimore Orioles Ryan Mountcastle and Chris Bassitt Begin MLB Rehab Assignments wit...

Baltimore Orioles players Ryan Mountcastle and Chris Bassitt start MLB rehab assignments with the Norfolk Tides on July 28, 2024, aiming for a strong...

[READ THE FULL STORY](#)

BALTIMORE RAVENS



SECTION LEAD

Ravens Place Veteran OL Hakeem Adeniji on Reserve/Retired List...

The Baltimore Ravens have made another roster move as training camp continues, placing veteran offensive lineman Hakeem Adeniji on.....



Baltimore Ravens 2025 Community Impact Recap Highlights Ongoing Local Support...

The Baltimore Ravens' 2025 Community Impact Recap highlights the organization's commitment to supporting local programs and uplifting Baltimore communities.



Nnamdi Madubuike Activated Off PUP List, Giving Baltimore Ravens Defensive Front a Major Boost...

The Baltimore Ravens received one of the biggest pieces of positive news of training camp Wednesday as star defensive tackle...

BALTIMORE RAVENS



Ravens, Baltimore County Reach Landmark Agreement to Keep Team Headquarters in Owings Mills fo...

By Brian Hradsky The Baltimore Ravens will remain headquartered in Owings Mills for decades after reaching a major long-term agreement...

[READ THE FULL STORY](#)

WASHINGTON CAPITALS AND HERSHEY BEARS



SECTION LEAD

Hershey Bears Head Athletic Trainer Shawn Fliszar Promoted to Washington...

The Washington Capitals are once again rewarding success from within their development system. The Hershey Bears announced Tuesday that head athletic...



Washington Capitals Offseason Recap: Chris Patrick Reshapes the Roster Around Alex Ovechkin...

The Washington Capitals did not respond to missing the Stanley Cup Playoffs by standing still. General manager Chris Patrick overhauled...

MARYLAND COLLEGE SPORTS



SECTION LEAD

Coppin State Lands International Standout Armando Sigauque to...

BALTIMORE, Md. Coppin State University continued to strengthen its men's tennis program by announcing the signing of Armando Sigauque,...



Loyola Maryland Cross Country Unveils 2026 Schedule with Challenging Fall Slate...

BALTIMORE, Md. Loyola University Maryland has announced its 2026 cross country schedule, giving the Greyhounds another opportunity to compete...



Bowie State University Women's Volleyball, Tennis, and Bowling Athletes Attend 2026 CIAA SAAC...

Bowie State University student-athletes Payton Swinton and Arianna Clayton represented the Bowie State Bulldogs at the 2026 CIAA Student-Athlete Advisory...

MARYLAND COLLEGE SPORTS



UMBC Adds Veteran Coach Sean Neal to Men's Basketball Staff

The UMBC men's basketball program has added another experienced voice to its coaching staff as head coach Jim Ferry announced Thursday that Sean Neal...

[READ THE FULL STORY](#)



Towson Tigers Cross Country Announces Challenging 2026 Schedule...

The Towson University women's cross country team now knows the road ahead for the 2026 season, as the Tigers unveiled a four-meet regular season...

[READ THE FULL STORY](#)



Salisbury University Women's Soccer Reveals 2026 Schedule Featuring 18 Matches and Key...

Salisbury University women's soccer team revealed its 2026 schedule featuring 18 matches, key returning players, and the path to the Coast-to-Coast Athletic Conference tournament....

[READ THE FULL STORY](#)



Sam Rembold Named Captain of Navy Lightweight Rowing for 2026-27 Season...

ANNAPOLIS, Md. Leadership is earned, and at the United States Naval Academy, it carries a special meaning. Navy lightweight rowing has entrusted rising.....

[READ THE FULL STORY](#)

MARYLAND COLLEGE SPORTS



Ten Terrapins Earn IWLCA Academic Honor Roll Recognition

The University of Maryland women's lacrosse program continues to prove it is one of the nation's elite both on the field and in the...

[READ THE FULL STORY](#)

A graphic with a dark blue background and red accents. At the top, three red stars are above the words "PRESS RELEASE" in large, white, bold, sans-serif capital letters. Below this is the Washington Wizards logo, a white circle containing a stylized red and blue "W". Underneath the logo, the name "JAMIR WATKINS" is written in white, bold, sans-serif capital letters, followed by "INJURY UPDATE" in large, red, bold, sans-serif capital letters. At the bottom, there are four white circular icons in a row, each with text below it: a plus sign for "SUCCESSFUL ACL SURGERY", a caduceus for "PROCEDURE PERFORMED BY DR. RILEY WILLIAMS AT HOSPITAL FOR SPECIAL SURGERY IN NEW YORK", a calendar for "EXPECTED TO MISS MAJORITY OF 2026-27 SEASON", and a heart with a pulse line for "FULL FOCUS ON RECOVERY & RETURNING STRONGER". A red banner at the very bottom contains the website "WWW.MARYLANDSPORTSBLOG.COM" in white, sans-serif capital letters.

PRESS RELEASE

JAMIR WATKINS
INJURY UPDATE

SUCCESSFUL
ACL SURGERY

PROCEDURE PERFORMED
BY DR. RILEY WILLIAMS
AT HOSPITAL FOR
SPECIAL SURGERY
IN NEW YORK

EXPECTED TO MISS
MAJORITY OF
2026-27 SEASON

FULL FOCUS ON
RECOVERY &
RETURNING STRONGER

WWW.MARYLANDSPORTSBLOG.COM

SECTION LEAD

Jamir Watkins Undergoes Successful ACL Surgery, Wizards Lose Key Young...

The Washington Wizards received difficult news Thursday as forward Jamir Watkins underwent successful reconstructive surgery to repair a torn ACL...

WASHINGTON MYSTICS

WASHINGTON MYSTICS

MARYLANDSPORTSBLOG.COM

SECTION LEAD

Shakira Austin Leads Washington Mystics to 84-79 Win Over Seattle Storm...

Shakira Austin scored a season-high 27 points as the Washington Mystics defeated the Seattle Storm 84-79 on Sunday.



Washington Mystics Highlight 2026 WNBA All-Star Event in Photo Recap

The Washington Mystics showcased their presence in the 2026 WNBA All-Star game with a detailed photo recap highlighting their players'...

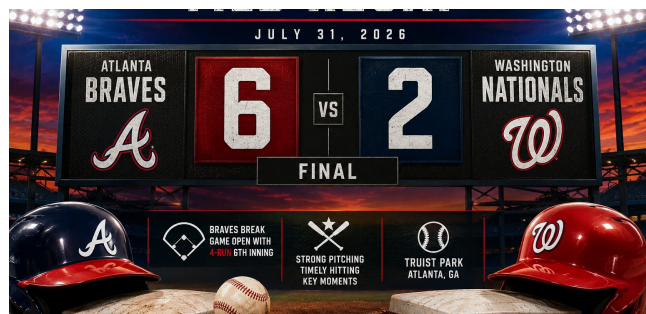
WASHINGTON NATIONALS



SECTION LEAD

Braves 8, Nationals 3: Atlanta Cruises Past Washington Behind Dominant Pitching...

The Washington Nationals dropped their third straight game to the Atlanta Braves on Saturday night, falling 8-3 at Truist Park. Atlanta built an early....



Braves Pull Away with Four-Run Sixth to Defeat Nationals 6-2

The Atlanta Braves broke open a tight game with a four-run sixth inning and defeated the Washington Nationals 6-2 Friday...

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