



WEEK OF JULY 13 - JULY 20, 2026



The Week in Maryland Sports

Capitals Announce 2026-27 Regular Season Schedule: Season Opens on the Road Against Carolina, Home Opener vs. Penguins

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BRIAN'S TAKE

Brian's Take recaps 18 MSB opinion takes published during the week. These are the key conclusions from MSB's reporting, analysis and game coverage.

Orioles Complete Sweep of Astros, Win Seventh Straight Behind Brandon Young's Dominant Start...

A week ago, the Orioles were searching for answers. Today, they leave Houston with a seven-game winning streak and a three-game road sweep over an Astros team that entered the series fighting to stay in the American League West race. The biggest story continues to be Brandon Young. Every outing strengthens the argument that Baltimore has found a legitimate front-of-the-rotation starter. His consistency has stabilized the pitching staff, and the offense is beginning to provide enough suppo...

[READ THE ORIGINAL MSB TAKE](#)

Orioles Shuffle Roster Before Series Finale as Sam Huff Joins Club, Ryan Helsley's Injury Raises Concern...

The Sam Huff promotion and Cam Sanders option are typical roster management moves that major league clubs make throughout a long season. Ryan Helsley's transfer to the 60-day injured list is different. Whenever an elite reliever is sidelined with recurring elbow discomfort, it is difficult not to worry about what comes next. Hopefully, the move is precautionary and Helsley can return later this season. Until the Orioles release more information, however, this has the potential to become one of the...

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Orioles Win Sixth Straight, Outlast Astros 4-2 in 11-Inning Thriller

These are the types of games playoff contenders win. The Orioles did not overpower Houston offensively. They battled through missed opportunities, survived a bases-loaded jam with no outs in extra innings, and made every winning play when the game was on the line. Rogers continues to look like one of the club's most dependable starters, the bullpen has settled into defined roles, and new additions like Cam Sanders are already making a significant impact. Perhaps the biggest takeaway is...

[READ THE ORIGINAL MSB TAKE](#)

Orioles Lock Up Their Ace: Kyle Bradish Signs Five-Year, \$90 Million Extension

This is exactly the move Orioles fans have been waiting to see. Too often, small-market clubs develop stars only to watch them leave once free agency arrives. Baltimore has changed that narrative by

42 ARTICLES 7 SECTIONS 18 MSB TAKES

THE WEEK AT A GLANCE

BY THE NUMBERS

42 FULL STORIES

7 SECTIONS

18 MSB TAKES

THIS WEEK IN MARYLAND SPORTS

SUNDAY, JULY 19	Orioles Complete Sweep of Astros, Win Seventh Straight Behind Brandon Young's Dominant Start...
SATURDAY, JULY 18	Orioles Win Sixth Straight, Outlast Astros 4-2 in 11-Inning Thriller
FRIDAY, JULY 17	Orioles Recall Cam Sanders, Adding Another Bullpen Arm for Second Half Push
THURSDAY, JULY 16	Orioles Recall Christian Encarnacion-Strand After Blaze Alexander Injury Creates Infield Void...
WEDNESDAY, JULY 15	Midseason review: A Deeper Look at How the Orioles Reached 46-51
MONDAY, JULY 13	Orioles Add Pitching Depth, Acquire Right-Hander Cam Sanders from Pirates
TUESDAY, JULY 14	Hershey Bears Reload Their Depth: Morrison, McCallum, and Beck Bring Experience and Upside to Chocolate Town...

QUOTE OF THE WEEK

"I cannot tell you how excited I am to become the next head coach of UMBC Men's Lacrosse. I have always followed the program from afar, and the opportunity to lead such a proud program is a tremendous honor."

TOP STORIES OF THE WEEK



Capitals Announce 2026-27 Regular Season Schedule: Season Opens on the Road Against Carolina, Home Opener vs. Penguins...

Washington Capitals 2026-27 NHL Regular Season Schedule Released: Road Opener at Carolina Hurricanes, Home Opener Against Pittsburgh Penguins ARLINGTON, Va. The Washington Capitals have officially...

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ORIOLES

COMPLETE SWEEP!

7TH STRAIGHT WIN

5-2 VICTORY OVER ASTROS

GAME SUMMARY

3RD INNING Orioles take early lead on RBI single by Gunnar Henderson and double steal with Pete Alonso stealing second and Henderson stealing home. Yordan Alvarez RBI double cuts lead to 2-1.

5TH INNING Bases loaded for Baltimore, Leody Taveras 2-run single extends lead to 4-1.

6TH INNING Coby Mayo crushes a solo home run (13) to right-center making it 5-1.

8TH INNING Jose Altuve solo homer off Rico Garcia makes it 5-2, but the O's hold on for the win.

PITCHING HIGHLIGHTS

WIN: BRANDON YOUNG (8-2)
7.0 IP | 5 H | 1 R | 1 BB | 7 K
95 PITCHES (62 STRIKES)
DOMINANT PERFORMANCE!

LOSS: HUNTER BROWN (1-1)
4.2 IP | 3 H | 4 R | 6 BB | 4 K
2 HIT BATTERS
CAREER-HIGH 6 WALKS

SAVE: GRANT WOLFRAM (1)
PERFECT 9TH INNING
1ST CAREER SAVE!

ORIOLES OFFENSE

- 6 HITS
- 7 WALKS
- 2 FOR 10 W/ RISP
- 1 ERROR BY HOUSTON
- AGGRESSIVE BASERUNNING

ASTROS OFFENSE

- 1 FOR 8 W/ RISP
- 6 LEFT ON BASE
- STRUGGLED WITH COMMAND
- 4 STRAIGHT LOSSES

TOP PERFORMERS

CORY MAYO
2-4, HR (13), RBI
SOLO SHOT IN 6TH

GUNNAR HENDERSON
1-4, RBI, R, SB
STOLE HOME IN 3RD!

LEODY TAVERAS
1-4, 2 RBI
CLUTCH 2-RUN SINGLE

JOSE ALTUVE
2-4, 2B, HR, 2 R
8TH INNING SOLO HR

UP NEXT

NEXT SERIES AT HOME
LET'S KEEP THIS MOMENTUM ROLLING!

BIRDLAND IS HOT!

THREE-GAME SWEEP IN HOUSTON ★ SEASON-HIGH 7-GAME WINNING STREAK ★ BUILDING SOMETHING SPECIAL IN BIRDLAND

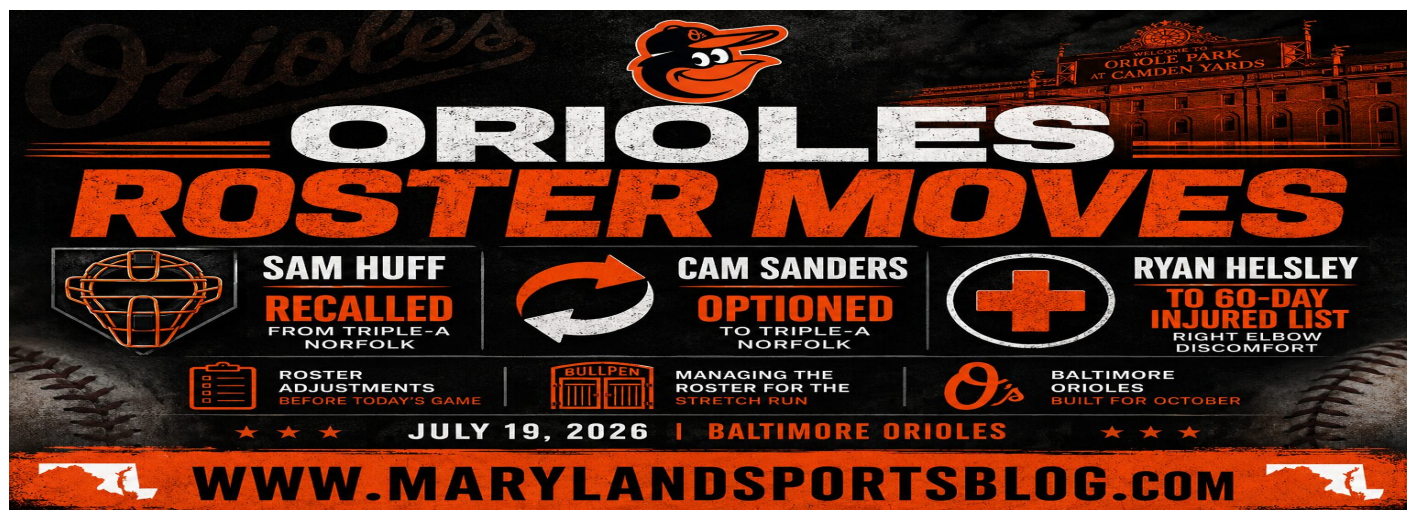
MSB
MARYLAND SPORTS BLOG

JULY 20, 2025
DAIKIN PARK
HOUSTON, TEXAS

Orioles Complete Sweep of Astros, Win Seventh Straight Behind Brandon Young s Dominant Start

MARYLAND SPORTS BLOG WEEKLY
HOUSTON The Baltimore Orioles are playing their best baseball of the 2026 season. Behind another outstanding performance from Brandon Young, timely hitting throughout the lineup,...

TOP STORIES OF THE WEEK



ORIOLES
ROSTER MOVES

SAM HUFF
RECALLED
FROM TRIPLE-A NORFOLK

CAM SANDERS
OPTIONED
TO TRIPLE-A NORFOLK

RYAN HELSLEY
TO 60-DAY INJURED LIST
RIGHT ELBOW DISCOMFORT

ROSTER ADJUSTMENTS BEFORE TODAY'S GAME

BULLPEN

MANAGING THE ROSTER FOR THE STRETCH RUN

BALTIMORE ORIOLES BUILT FOR OCTOBER

★ ★ ★ JULY 19, 2026 | BALTIMORE ORIOLES ★ ★ ★

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Orioles Shuffle Roster Before Series Finale as Sam Huff Joins Club, Ryan Helsley's Injury Raises Concern...

The Baltimore Orioles made three roster moves before Sunday's series finale against the Houston Astros, moves that immediately impacted the game while also creating new questions...

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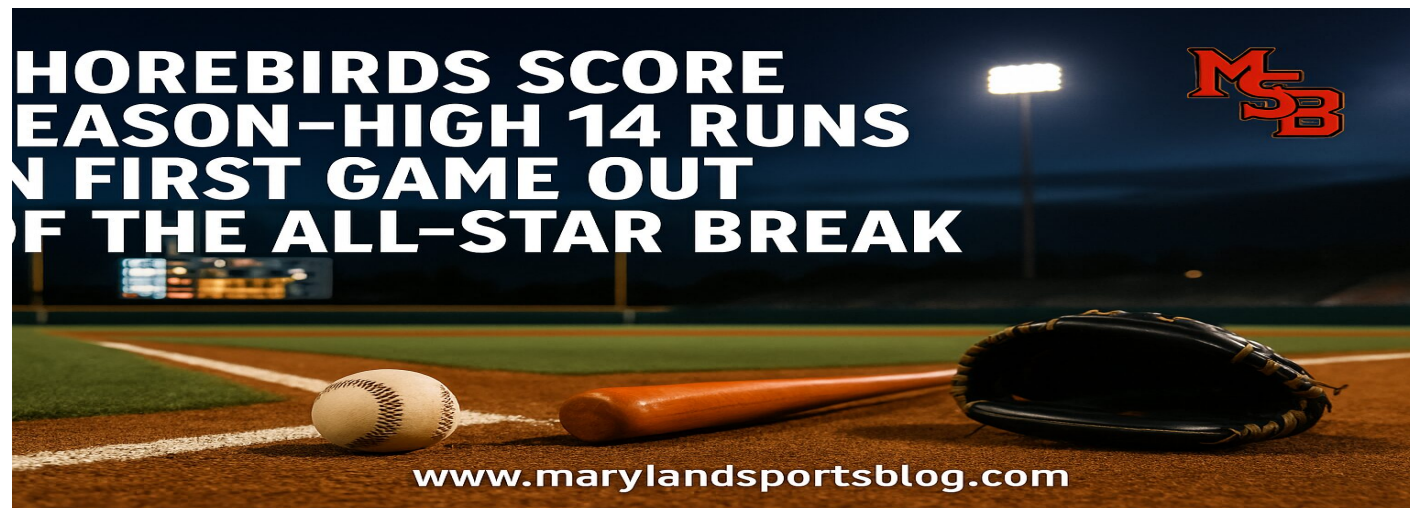
SHOREBIRDS RALLY FROM FOUR DOWN TO TAKE THE FINALE AGAINST KANNAPOLIS

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Shorebirds Rally from Four Down to Take the Finale Against Kannapolis

TOP STORIES OF THE WEEK



Shorebirds Score Season-High 14 Runs in First Game out of the All-Star Break

Bowie Baysox Score Season-High 14 Runs in First Game Out of the All-Star Break Bowie Baysox Score Season-High 14 Runs in First Game Out of the...

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Delmarva Drops Game 2 to RidgeYaks

BALTIMORE ORIOLES



Orioles Complete Sweep of Astros, Win Seventh Straight Behind Brandon Young s Dominant Start...

HOUSTON The Baltimore Orioles are playing their best baseball of the 2026 season. Behind another outstanding performance from Brandon Young, timely hitting throughout the lineup, and a towering home.....

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Orioles Shuffle Roster Before Series Finale as Sam Huff Joins Club, Ryan Helsley s Injury Raises Concern...

The Baltimore Orioles made three roster moves before Sunday s series finale against the Houston Astros, moves that immediately impacted the game while also creating new questions about the health of.....

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Shorebirds Rally from Four Down to Take the Finale Against Kannapolis

Bowie Baysox Rally from Four Runs Down to Clinch Series Finale Against Kannapolis Cannon Ballers Bowie Baysox Rally from Four Runs Down to Clinch Series Finale Against Kannapolis Cannon Ballers.....

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BALTIMORE ORIOLES



Shorebirds Score Season-High 14 Runs in First Game out of the All-Star Break...

Bowie Baysox Score Season-High 14 Runs in First Game Out of the All-Star Break Bowie Baysox Score Season-High 14 Runs in First Game Out of the All-Star Break The Bowie...

[READ THE FULL STORY](#)



Delmarva Drops Game 2 to RidgeYaks

Delmarva Shorebirds Drop Game 2 to Fredericksburg Nationals in Competitive Matchup Delmarva Shorebirds Drop Game 2 to Fredericksburg Nationals in Competitive Matchup The Delmarva Shorebirds, the Low-A affiliate of the.....

[READ THE FULL STORY](#)



Orioles Win Sixth Straight, Outlast Astros 4-2 in 11-Inning Thriller

The Baltimore Orioles continue to play their best baseball of the season. Baltimore extended its winning streak to six games Saturday night with a gritty 4-2 victory over the Houston...

[READ THE FULL STORY](#)

BALTIMORE ORIOLES



Orioles Lock Up Their Ace: Kyle Bradish Signs Five-Year, \$90 Million Extension...

The Baltimore Orioles made one of the biggest statements of the 2026 season on Saturday, agreeing to a five-year, \$90 million contract extension with ace right-hander Kyle Bradish. The deal.....

[READ THE FULL STORY](#)



Orioles Sign First-Round Pick Eric Booth Jr. to Near Slot Deal

The Baltimore Orioles have officially secured the signature of their top selection from the 2026 MLB Draft, agreeing to terms with first-round pick Eric Booth Jr., the No. 7 overall...

[READ THE FULL STORY](#)



Orioles Rally Past Astros 3-2 as Taylor Ward's Late Home Run Extends Baltimore's Winning Streak to Five...

The Baltimore Orioles opened the second half of the season with another dramatic victory, defeating the Houston Astros 3-2 on Friday night at Daikin Park. Trailing entering the eighth inning,.....

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BALTIMORE ORIOLES



Orioles Recall Cam Sanders, Adding Another Bullpen Arm for Second Half Push...

The Baltimore Orioles continued reshaping their bullpen Friday by recalling right-handed pitcher Cam Sanders from Triple-A Norfolk ahead of the opening game of their series against the Houston Astros. Sanders,.....

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Orioles Open Second Half With Three-Game Road Series Against Astros

The Baltimore Orioles return from the All-Star break on Friday night as they begin the second half of the 2026 season with a three-game series against the Houston Astros at...

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Keegan Akin Undergoes Tommy John Surgery, Leaving Orioles Without Veteran Left-Hander For The Remaind...

The Baltimore Orioles received another difficult injury update during the All-Star break as veteran left-handed reliever Keegan Akin underwent successful Tommy John surgery on Wednesday in Arlington, Texas. The procedure.....

[READ THE FULL STORY](#)

BALTIMORE RAVENS



Ravens Add Veteran Center Ethan Pocic to Bolster Offensive Line Competition

The Baltimore Ravens have added another experienced option to the middle of their offensive line, agreeing to a one-year contract with veteran center Ethan Pocic as the team continues to.....

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Kyle Hamilton Voted NFL s No. 1 Safety by League Insiders for Second Straight Year...

Baltimore Ravens safety Kyle Hamilton has established himself as more than one of the best young defensive players in football. According to the people inside the NFL, Hamilton is the.....

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Kyle Hamilton Deserved Better: Why the Ravens All-Pro Safety Was Underrated at No. 63 in the NFL Top 100...

The NFL Top 100 Players list voted on by the players themselves reliably generates debate every offseason. While intended to honor the league s elite, certain placements consistently leave.....

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BALTIMORE RAVENS



MSB Feature: Roquan Smith Earns No. 65 Spot on NFL Top 100 But How Is He Ranked Ahead of Lamar Jackson?...

By Brian Hradsky The NFL's annual Top 100 Players countdown continued Wednesday, and Baltimore Ravens linebacker Roquan Smith checked in at No. 65 after another outstanding season. The ranking, voted.....

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MSB Opinion: Lamar Jackson at No. 69? The NFL Top 100 Got It Completely Wrong...

When the NFL released players 70-61 on its annual NFL Top 100 Players of 2026 countdown, one name immediately stood out and not in a good way. Lamar Jackson came in...

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WASHINGTON CAPITALS AND HERSHEY BEARS



Capitals Announce 2026-27 Regular Season Schedule: Season Opens on the Road Against Carolina, Home Opener...

Washington Capitals 2026-27 NHL Regular Season Schedule Released: Road Opener at Carolina Hurricanes, Home Opener Against Pittsburgh Penguins ARLINGTON, Va. The Washington Capitals have officially announced their 2026-27 NHL.....

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Hershey Bears Reload Their Depth: Morrison, McCallum, and Beck Bring Experience and Upside to Chocolate...

By Brian Hradsky The Hershey Bears continued reshaping their roster for the 2026-27 American Hockey League season on Tuesday by signing forwards Cam Morrison and Landon McCallum along with defenseman.....

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MSB: Capitals Lock Up First-Round Pick Oliver Suvanto, Continuing Their Youth Movement...

The Washington Capitals have officially taken the next step in the development of one of the organization's most exciting young prospects, signing 2026 first-round pick Oliver Suvanto to a three-year,.....

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WASHINGTON CAPITALS AND HERSHEY BEARS



Capitals Double Down on Development, Extend ECHL Partnership with South Carolina Stingrays...

The Washington Capitals are keeping a key piece of their player development pipeline intact. The organization announced it has signed a multi-year extension of its ECHL affiliation agreement with the.....

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MSB: Capitals Swap Prospects with Sabres, Acquire Tyler Kopff in Exchange for Zac Funk...

The Washington Capitals made another depth move on Monday, continuing what has been an active offseason under general manager Chris Patrick. Washington acquired forward Tyler Kopff from the Buffalo Sabres.....

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MARYLAND COLLEGE SPORTS



Four Mountaineers Earn NABC Honors Court Recognition as Mount St. Mary's Continues Tradition of Academic...

EMMITSBURG, Md. Championships and postseason appearances often define a basketball program, but the most successful teams also pride themselves on developing leaders away from the court. Mount St. Mary's s.....

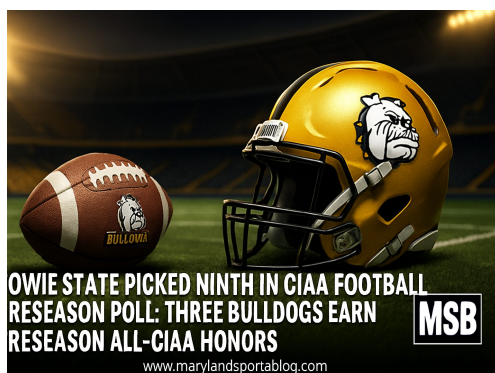
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Coppin State Women's Golf Announces Inaugural 2026-27 Schedule

Coppin State University will make history during the 2026-27 academic year as the Eagles begin the inaugural season of their NCAA Division I women's golf program. Head men's and women's s.....

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Bowie State Picked Ninth in CIAA Football Preseason Poll; Three Bulldogs Earn Preseason All-CIAA...

Bowie State University Football Picked Ninth in CIAA Preseason Poll; Three Bulldogs Earn Preseason All-CIAA Honors Bowie State University Football Picked Ninth in CIAA Preseason Poll; Three Bulldogs Earn Preseason s.....

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MARYLAND COLLEGE SPORTS



Defending MAC Commonwealth Champions, Women's Volleyball Announces 2026 Schedule...

Stevenson University Women's Volleyball Announces 2026 Schedule to Defend MAC Commonwealth Championship Stevenson University Women's Volleyball Announces 2026 Schedule to Defend MAC Commonwealth Championship Owings Mills, Md. Th...

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Loyola Women s Track & Field 2025-26 Season Recap: School Records and Championship Performances Highlight...

Loyola University Maryland Women s Track & Field 2025-26 Season Recap: School Records and Championship Performances Highlight Strong Year The Loyola University Maryland women s track and field program produced a 2025-26.....

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Frostburgs States University Tennis Earns ITA All-Academic Honors

Frostburg State University Bobcats Women s Tennis Earns ITA All-Academic Honors The Frostburg State University Bobcats women s tennis team has earned significant academic recognition for the 2025-26 season, as announced by.....

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MARYLAND COLLEGE SPORTS



SGSN alumni excelling in local media

Salisbury University Sea Gull Sports Network Alumni Excelling in Local Media Salisbury University Sea Gull Sports Network Alumni Excelling in Local Media On the evening of February 11, 2026, Salisbury.....

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UMBC Hires James Purpura as New Head Men s Lacrosse Coach

The University of Maryland, Baltimore County has found the next leader of one of its flagship athletic programs. UMBC Director of Athletics, Physical Education and Recreation Tiffany D. Tucker announced.....

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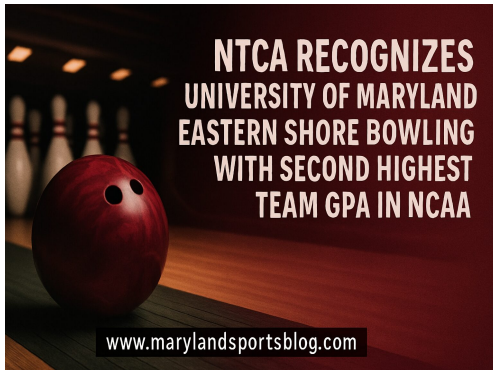


Jonathan Gonzalez Perez earns selection to HBCU Swingman Classic

Jonathan Gonzalez Perez of University of Maryland Eastern Shore Hawks Selected for HBCU Swingman Classic Jonathan Gonzalez Perez of University of Maryland Eastern Shore Hawks Selected for HBCU Swingman Classic.....

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MARYLAND COLLEGE SPORTS



NTCA recognizes University of Maryland Eastern Shore bowling with second highest team GPA in NCAA...

University of Maryland Eastern Shore Hawks Bowling Team Earns Second-Highest Team GPA in NCAA, NTCA Honors Academic Excellence University of Maryland Eastern Shore Hawks Bowling Team Earns Second-Highest Team GPA.....

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WASHINGTON WIZARDS



Wizards Close Summer League With 91-83 Win Over Hawks

The Washington Wizards wrapped up their 2026 NBA Summer League schedule on a winning note Saturday night, defeating the Atlanta Hawks 91-83 in Las Vegas. The victory gave Washington a.....

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Wizards Drop Second Straight, Fall 108-94 to Clippers in NBA Summer League...

The Washington Wizards dropped their second consecutive NBA Summer League game Wednesday night, falling 108-94 to the Los Angeles Clippers in Las Vegas. After opening Summer League with back-to-back victories,.....

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WASHINGTON MYSTICS



Game Recap: Mystics at Valkyries

Washington Mystics at Golden State Valkyries Game Recap
Washington Mystics at Golden State Valkyries Game Recap The Washington Mystics fell to the Golden State Valkyries 74-60 on Saturday night, continuing.....

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News

Washington Mystics News Archive: A Deep Dive into the Team s WNBA History Washington Mystics News Archive: A Deep Dive into the Team s WNBA History The Washington Mystics, one of the...

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WASHINGTON NATIONALS



Nats send three to All-Star Game, draft some hot prospects

The Washington Nationals hit the All-Star break a game below .500, thanks to a typically shaky bullpen at home against the New York Yankees. Three late-inning comebacks by New York...

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